

Week commencing: 11/01/2021	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10am-12pm	SMILE sessions with Gareth & Anna Sports, Games, learning & support	VIP DAY with Amy & Anna <i>Inclusive sports, exercise, dance, yoga, arts & crafts, meditation etc</i>	DAISY STUDIOS <i>1-1 Sessions</i>	DAISY STUDIOS <i>Learning instruments and singing</i>	DELIVERY PREP <i>Preparing to deliver food to vulnerable people in the community</i>	ZOOM MEETING with Amy <i>Yoga, meditation and aerobics</i>	DELIVERY DAY <i>(Doors open for anyone that needs support)</i>
Lunch Time							
1pm – end of day	SMILE sessions with Gareth & Anna Sports, Games, learning & support	VIP DAY with Amy & Anna <i>Inclusive sports, exercise, dance, yoga, arts & crafts, meditation ect</i>	SMILE <i>Sports, Games, learning & support</i>	SMILE <i>Independent living</i>	SMILE <i>Sports, Games, learning & support</i>	ZOOM MEETING with Amy <i>Yoga, meditation and aerobics</i>	DELIVERY DAY <i>(Doors open for anyone that needs support)</i>